

**ABMR 2013 Annual Meeting**  
Portola Hotel and Spa, Monterey, California  
"Behavior, Health and Aging"  
Meeting Schedule

Wednesday, June 26

3:00-5:00 Executive Committee Board Meeting  
5:30-6:30 Cocktail Reception  
6:30-6:45 Welcoming Remarks: Steve Manuck  
7:00 Dinner  
8:00 Keynote Talk: Howard Friedman

Thursday, June 27

7:30-8:30 Continental breakfast

8:30-10:20 **Session 1: *Cognitive Aging and the Aging Brain***

Denise Park: Fragile minds: Neural pathology in healthy adults  
Roger Dixon: Tracking trajectories and detecting transitions in neurocognitive aging  
Howard Aizenstein: Role of brain aging in depression  
Shari Waldstein: Risk for cardiovascular disease and cognitive aging  
Dick Jennings (Discussant): The brain as both robust and vulnerable

10:20-10:40 Coffee Break

10:40-12:30 **Session 2: *Reproductive Aging, Behavior, and Women's Health***

Sarah Berga: Are hormones neuroprotective?  
Jay Kaplan: Psychosocial factors, premenopausal ovarian dysfunction, and health: What the monkeys are telling us  
Maria Bleil: Early life origins of adult health: Examining the role of puberty  
Karen Matthews: Psychological and physiological impact of the perimenopause: Update on findings from SWAN

12:30-4:00 OPEN TIME

4:00-5:40 **Session 3: *HIV and Aging***

Neil Schneiderman: Introduction  
Alan Landay: Mechanisms: Immune senescence, inflammation and hypercoagulability  
Gail Ironson: HIV, psychological factors, and mortality  
David Vance: HIV, cognition and aging  
Barry Hurwitz: HIV and multiple-morbidity  
Deborah Jones (Discussant)

6:00-7:00 Cocktail Reception

7:00 Dinner

8:00 After Dinner Speaker: Robert W. Levenson

Friday, June 28

- 7:30-8:20 Continental Breakfast
- 8:20-10:00 **Session 4: *Genetics of Aging***  
Michael Shanahan: Environmental contingencies in gene x environment research  
Jeanne McCaffery: DNA targets in aging gene x environment research  
Steve Cole: Aging and the social regulation of gene expression  
Greg Miller: The functional genomic fingerprint of late-life caregiving in monocytes  
Redford Williams (Discussant)
- 10:00-10:20 Coffee Break
- 10:20-12:20 **Session 5: *Immunosenescence and Cellular Aging*** (titles to follow)  
Jan Kiecolt-Glaser: Stress and immunosenescence  
John Sheridan: Immune regulation in aging: Enhanced and protracted proinflammatory responses  
Martin Picard: Stress, mitochondria and cellular senescence: Principles and prospects  
Dana Bovbjerg: Psychological stress, oxidative stress and DNA damage: Implications for cancer and aging  
Anna Marsland: The association of peripheral inflammation with neurocognitive aging  
Elissa Epel (Discussant)
- 12:30-4:00 OPEN TIME
- 4:00-5:00 **Session 6: *Cohort Studies of Aging***  
Lis Nielsen: Introduction  
Andrew Steptoe: English Longitudinal Study of Aging (ELSA)  
Teresa Seeman: National Survey of Midlife Development in the US (MIDUS)
- 5:00-6:00 **Session 7: *Whither ABMR?***  
Presidents' Roundtable (Steve Manuck, Karina Davidson)  
Members' Roundtable (Greg Miller, Anna Marsland)
- 5:30-6:30 Cocktail Reception  
6:30 Outdoor Dinner (Mission Gardens)

Saturday, June 29

- 7:30-8:20 Continental Breakfast
- 8:20-9:55 **Session 8: *Frailty and Comorbidities of Aging***  
Jerry Suls: Prevalence of multi-morbidities and psychosocial implications  
Jackie Dunbar-Jacob: Adherence in the context of multi-morbidities  
Paige McDonald & Catherine Alfano: Accelerated aging  
Matt Muldoon: Fending off aging among the aged – is it better to exert or to relax?

9:55-10:15 Coffee Break

10:15-11:30 **Session 9: *New Directions in Behavior, Health and Aging Research***  
Christopher Kline: More than improved sleep quality: the effects of physical activity on nocturnal physiology and multiple dimensions of sleep  
Rebecca Thurston: Benign symptom or indicator of disease? Emerging links between menopausal hot flashes and cardiovascular risk  
Aric Prather: Wide awake and aging: Associations between sleep and markers of immunosenescence  
Tica Hall (Discussant): Blood, sweat and years: The next generation of behavior, health and aging research

11:30-12:15 Neal Miller Award Presentation and Address (Karina Davidson, Chair)

12:15-4:00 OPEN TIME

4:00-5:20 **Session 10: NIH Institutes: Working Together to Advance Research in Behavior, Health and Aging**  
Robert Kaplan (OBSSR), Lisbeth Nielsen (NIA), Susan Czajkowski (NHLBI), Paige McDonald (NCI)

5:20-6:00 Business Meeting

6:00-7:00 Cocktail Reception

7:00 Dinner

8:00 Presidential Address, ***Tears to Telomeres***: Steve Manuck  
Closing Ceremonies: Steve Manuck, Karina Davidson